

The Plains People

The Plains Indians included about 30 large tribes. They lived in small **bands** so they could move quickly. On the Plains, Indians had to move often to keep safe from their enemies and to find food.

These tribes believed that the whole family should raise the children. This meant parents, grandparents, aunts, and uncles all helped with the children. The families often adopted children who were orphans.

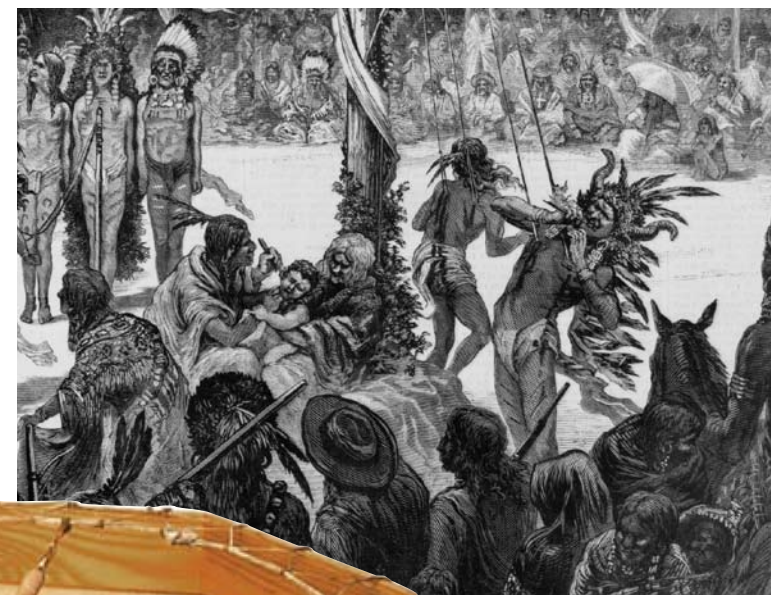
▼ Dog Dance ceremony of a Plains Indian tribe



Music and dancing were an important part of the Plains tribal ceremonies. The Sioux Sun Dance was a way that the Indians gave thanks to the Creator. They believed good things would come to them because of this celebration. They hoped that strength and healing would come to them during the ceremony.

Dog Lovers

The Plains people used dogs to carry their supplies when moving from one place to another. They strapped frames to the dogs to carry their belongings.



Sioux Sun Dance ceremony ▲

